

62<sup>nd</sup> Annual Mt. Nebo Chicken Fry 10k Run/Walk  
Held in Conjunction with the Chicken Fry at Veterans Memorial Riverfront Park  
Saturday, October 16th, 2010, 8 a.m., Dardanelle, Arkansas

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**RUNNING FEE, REGISTRATION & SIGN-IN**

Pre-registration fee is \$15.

Registration fee the day of the run is \$17.

**Registration and sign-in will begin at 7 a.m.**

**The race begins at 8 a.m.**

**THE COURSE**

The run up scenic Mt. Nebo is a challenging switchback high elevation highway.

**THE START & FINISH**

**The 10k Run/Walk registration will be across from Nebo Chevrolet located on Highway 155 (Mt. Nebo Road). The finish line is located atop Mt. Nebo State Park.**

**AID STATIONS**

There will be three (3) water stations set up along the run. An ambulance will follow the runners up the mountain.

**AWARDS**

Trophies will be awarded to some of the winners of certain age groups at the conclusion of the run.

**DIRECTIONS TO SIGN-IN**

Take Exit 81 off of I-40 and turn onto Highway 7 South. Stay on Highway 7 South through Russellville to Dardanelle going over the Arkansas River Bridge. As you go through Dardanelle, stay in the outside lane that will merge into Highway 22. Turn left at the Mt. Nebo State Park sign and watch for the Mounted Patrol Rodeo Grounds on your left. Parking is available at the Mounted Patrol Rodeo Grounds. The Dardanelle Lions Club and Nebo Chevrolet will provide a shuttle down the mountain.

**LODGING**

Magnolia Inn Bed & Breakfast is located on Hwy 22 West from Dardanelle. For reservations call (479) 229-0375. Economy Inn is located at the junction of Highways 7 and 27 in Dardanelle. For reservations, call (479) 229-4118. Cabins and campsites are available at Mt. Nebo State Park. For reservations, call (479) 229-3655.

**CONTACT INFORMATION**

Vicki Sutton, Executive Director of the Dardanelle Chamber of Commerce (479) 229-3328,  
Fax (479)-229-5086 or vsdardchamber@hotmail.com

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**[We are also having a two day carnival and festival on October 15<sup>th</sup> and 16<sup>th</sup>, at Riverfront Park!](#)**

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The Dardanelle Chamber & Tyson Foods will be serving the Famous Award Winning Chicken Dinners at  
**Veterans Memorial Riverfront Park off of Front Street in Dardanelle.**

DARDANELLE CHAMBER OF COMMERCE  
MT. NEBO CHICKEN FRY 10-K RUN/WALK  
IN CONJUNCTION WITH THE CHICKEN FRY AT VETERANS MEMORIAL RIVERFRONT PARK  
IN DARDANELLE  
OCTOBER 16TH, 2010

REGISTRATION FORM

PLEASE MAIL TO: Dardanelle Chamber of Commerce  
Post Office Box 208  
Dardanelle, Arkansas 72834

PLEASE INCLUDE THE ENTRY FEE OF \$15 (PAYABLE TO THE DARDANELLE CHAMBER OF COMMERCE). ENTRY FEE DAY OF THE RACE IS \$17.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: ( ) \_\_\_\_\_ Cell ( ) \_\_\_\_\_ SEX: \_\_\_\_\_

AGE \_\_\_\_\_

Please read and sign below:

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risk associated with running in the event including but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read the waiver, and knowing the facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Dardanelle Chamber of Commerce, their sponsors, and their representatives and successors from any and all claims or liabilities of any kind rising out of my participation in this event. Even though that liability may rise out of negligence or carelessness on the part of the persons named in this waiver.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_  
(Parent's signature if under 18 years of age)

**\*\*YOU MAY MAKE COPIES OF THIS FORM\*\***

You can also print entry forms at [www.dardanellechamber.com](http://www.dardanellechamber.com)

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